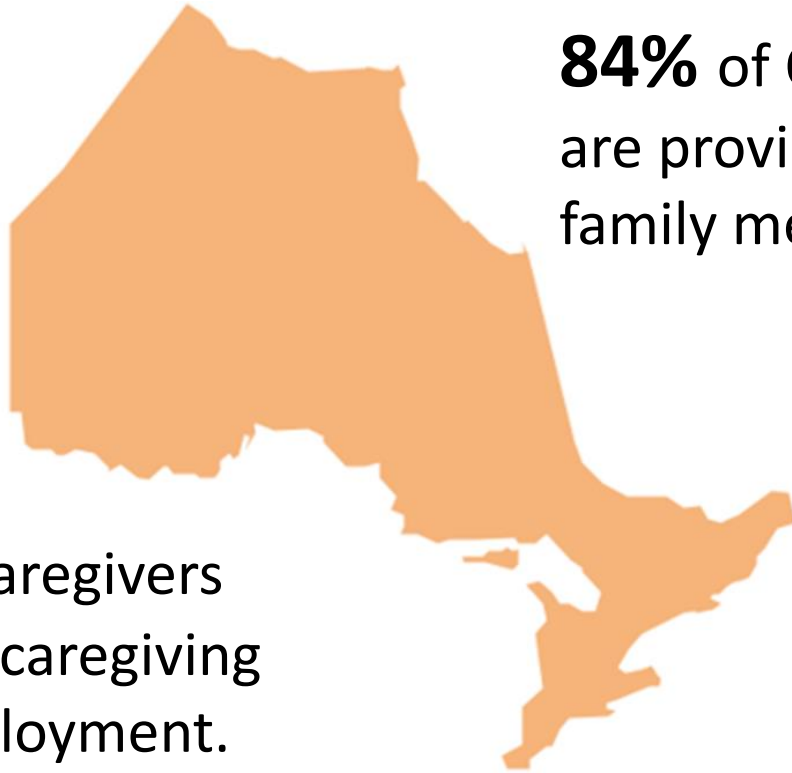


# Family Caregivers

**29%** of the provincial population are family caregivers.



**84%** of Ontario caregivers are providing care to a family member.

**47% men**  
(N= 1.5 million)



**53% women**  
(N= 1.8 million)

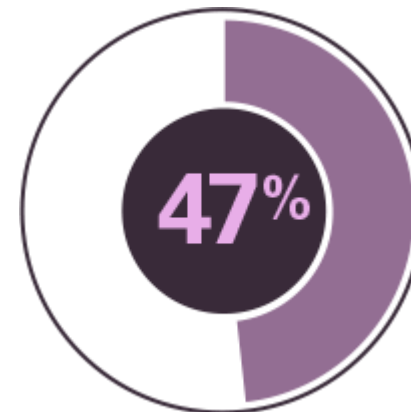
**3 out of 4** caregivers try to balance caregiving with paid employment.

**11 hrs/week** on average are spent by family caregivers providing care.

**4 OUT OF 10**



*Caregivers take responsibility for scheduling and coordinating appointments.*



of caregivers report having some level of stress that stems from their caregiving duties.