



LISTOWEL MENTAL HEALTH

Outpatient Services

Telephone: 519-291-1320

Fax: 519-291-9662

Clients We Serve

- Individuals 16 years and older.
- Individuals with mental health concerns.

We Are

Mental health professionals including:
Nurses, Social Workers, Dietician, Sexual Abuse Therapist, Consulting Psychiatrist and Psychologist.

Our Goal

- To provide mental health treatment to individuals in need.
- To provide in home or office based treatment, dependent upon client needs.
- To promote community awareness and understanding of mental health issues.

Referrals

Referrals can be made by anyone.



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Services Available...

- Assessment
- Individual Counselling
- Group Counselling

Location

Outpatient Building, 2nd floor
285 Sarah Avenue North
Listowel ON
N4W 2Y8

Hours

8:30 a.m. – 4:30 pm, Monday to Friday

*If in Crisis, please contact the
Huron Perth Helpline
and Crisis Response Team
at 1-888-829-7484
24 Hours a Day.*