



This program has received an educational grant from:

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Women's Health CONFERENCE

WEDNESDAY, APRIL 1, 2026

SCHEDULE & SPEAKERS



12:30pm Registration
1:00-4:15pm Conference Presentations

Dr. Stephanie Moltner

Perimenopause - New Trends and New Practice

Dr. Vanessa Rondinelli

ABCs of AUB: Initial Office Management

Dr. Taylor Roebtham

An Approach to Sexual Desire Problems in Primary Care

Department of OB/Gyn

Drs. Simon Deluce, Gregg Hancock, Jacqueline Wood
Ask the Expert Panel



PROGRAM & LEARNING OBJECTIVES

12:30-1:00pm Registration

1:00-1:05pm Welcome & Opening Remarks

1:05-2:00pm **Perimenopause - New Trends and New Practice**
Dr. Stephanie Moltner, MD FRCSC MSCP

- Review the definition of menopause and perimenopause
- Review indications for treatment of perimenopausal symptoms
- Review evidence-based strategies surrounding the treatment of VMS in the perimenopausal period
- Discuss the indications for endometrial sampling

2:00-2:40pm **ABCs of AUB: Initial Office Management**
Dr. Vanessa Rondinelli, MSc, MD (FACOG)

- Identify key terms/phrases associated with abnormal uterine bleeding
- Initiate a basic workup and identify “red flag” symptoms
- Review first line and underutilized treatment options
- Identify and communicate key clinical information required for an effective specialist referral

2:40-3:00pm Nutrition Break

3:00-3:40pm **An Approach to Sexual Desire Problems in Primary Care**
Dr. Taylor Roebottom, MD FRCSC MSCP IF

- Identify the key domains of female sexual dysfunction
- Differentiate between spontaneous and responsive sexual desire and recognize their relevance in clinical assessment
- Develop a management plan for low sexual desire using a biopsychosocial approach

3:40-4:10pm **Ask the Expert Panel**
Drs. Simon Deluce, Gregg Hancock, Jaqueline Wood

- Recognize and interpret common gynecologic symptoms in family practice
- Apply best evidence to clinical decision making
- Integrate clinical guidelines into patient management

4:10-4:15pm Completion of Evaluations

4:15-4:25pm Closing Remarks

OVERALL LEARNING OBJECTIVES:

By the end of this session, participants will be able to:

- Recognize and define perimenopause and its associated symptoms and treatment options.
- Identify menorrhagia in primary care and formulate a treatment plan while awaiting specialty care.
- Diagnose and manage hypoactive sexual desire in primary care.
- Analyze gynecologic presentations commonly seen in family practice and apply current treatment guidelines and scientific evidence to manage patient care.

25% of this day is dedicated to participant interaction.